

## **FAMINE FACTS**

### **What you need to know for a successful 30 Hour Famine**

**Famine Dates:** February 27-28

**Famine Times:** Famine *begins* at **12:00 PM** on Feb. 27 (make lunch your last meal) and *ends* at **6:00 PM** on Feb. 28.

We will meet at the church at **6:45 PM** on Friday and conclude at **6:45 PM** on Saturday. We will be sleeping at the church (boys in one building and girls in another), and we will break the fast with a very special meal at 6:00 PM.

We will be leaving the church facility on Friday evening to attend a large Portland area *30 Hour Famine Rally* at Beaverton Christian Church. On Saturday we will be serving here at church as well as at the Wiggs' house in Beaverton.

For the sake of unity and keeping everyone together, we ask that you participate with us only if you are able to be with us, fasting throughout the entire event. *You can do it!*

Donations can be collected in person using the envelope provided in youth group. New this year is the ability to collect donations online that count toward your total amount raised. Just go to [www.30hourfamine.org/participants](http://www.30hourfamine.org/participants), Click on *Create Your Own Fundraising Page*, Enter our account number: 42992578, and the website will guide you through the rest.

#### **What You Need To Bring:**

- Completed 2009 Release Form if not already on file.  
(Available at [www.180students.com/stuff](http://www.180students.com/stuff))
- Sleeping bag/pillow
- Grubby clothes that might get a bit dirty working outside
- A Change of clothes for after our morning of serving
- A Bible & Personal items
- Donation Envelopes with **all** money collected
- A printout of any online donations collected
- Juice/Water (No carbonated or milk based drinks. Be sure to label your drinks with both your first and last name.)

#### **What Not To Bring:**

- Food (no candy, gum, etc.)
- MP3 players, video games.

#### **Got questions?**

- Though it sounds hard, most people can fast for 30 hours unless they have a medical condition necessitating otherwise.  
See [http://www.30hourfamine.org/resource/Fasting\\_Facts\\_Church.DOC](http://www.30hourfamine.org/resource/Fasting_Facts_Church.DOC) for more info.
- Contact Pastor Aaron at 503-639-3913 or [aaron@gracepointfamily.com](mailto:aaron@gracepointfamily.com).
- You may also visit [www.30hourfamine.org](http://www.30hourfamine.org).