

FAMINE FACTS 2010

What you need to know for a successful 30 Hour Famine

Famine Dates: February 26-27

Famine Times: Famine *begins* at **12:00 PM** on Feb. 26 (make lunch your last meal) and *ends* at **6:00 PM** on Feb. 27 when we will break the fast together.

We will meet at the church at **7:00 PM** on Friday and conclude at **7:00 PM** on Saturday. We will be sleeping at the church (boys in one building and girls in another), and we will break the fast with a very special meal at 6:00 PM.

We will be leaving the church on Friday evening to attend a large Portland area *30 Hour Famine Rally* at Beaverton Christian Church. On Saturday morning, we will be distributing clothing at *Bethlehem Lutheran Church* in Beaverton and visit the *Real. Life.* exhibit at Medical Teams International in Tigard that afternoon.

For the sake of unity and keeping everyone together, we ask that you participate with us only if you are able to be with us, fasting throughout the entire event. *You can do it!*

Donations can be collected in person using the envelope provided in youth group. You can also collect donations online that count toward your total amount raised. Just go to www.30hourfamine.org/participants, Click on *Create Your Own Fundraising Page*, choose *Create My Own Page*. Enter our account number: 42992578, and the website will guide you through the rest.

Please sign up in the youth center or let Pastor Aaron know (phone, text, email, Facebook, in person!) that you plan to be there so we can plan food & transportation for you!

What You Need To Bring:

- Completed 2010 Release Form if not already on file. (Available at www.180students.com/stuff)
- Sleeping bag/pillow
- Clothing needed for two days
- A Bible & Personal items
- Donation Envelopes with **all** money collected
- A printout of any online donations collected
- Juice/Water (No carbonated or milk based drinks. Be sure to label your drinks with both your first and last name.)
- Consider bringing gently used clothes that can be given to those in need.

What Not To Bring:

- Food (no candy, gum, etc.)
- MP3 players, video games.

Got questions?

- Though it sounds hard, most people can fast for 30 hours unless they have a medical condition necessitating otherwise.
See http://www.30hourfamine.org/resource/Fasting_Facts_Church.DOC for more info.
- Contact Pastor Aaron at 503-639-3913 or aaron@gracepointfamily.com.
- You may also visit www.30hourfamine.org.